



# STICKHANDLING + SHOOTING CLINIC

**...Be a Playmaker + Goal-Scorer!**

**1.5 hours of Expert Instruction + Drills**

From: **Strong Hockey, Jim Armstrong + Staff**

We Will **Teach** the Proper Techniques of Stickhandling

We will Focus On:

- **Creative Moves With the Puck**
  - **Deeking, Faking**
- **Shooting Quick, Hard, and Accurate**
- **Be the Most Important Skater on the Ice!**

**Where:** at the Rochester Ice Center

**When:** December 23<sup>rd</sup>

**Ages 6 – 9,** 12:45 - 2:10

**Ages 10 – 14,** 2:10 - 3:35

**\*\*Goalies are Needed and ½ price, Goalie Instructor on-ice**

**Total Cost:** \$35; for 2 from the same family \$66

- Suggest registering early as class size will be limited.

- 4 Instructors on-ice with 24 + skaters, will add proportionally

**To Register:**

Send Jim an e-mail to pre-register at: [jtarm19@gmail.com](mailto:jtarm19@gmail.com); then pay thru

Venmo at: Jim-Armstrong-46

or

Fill out this form and send a check for \$35 made payable to: Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

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Name of Skater: \_\_\_\_\_ Age: \_\_\_\_\_ RIC St + Sh

Parents Names: \_\_\_\_\_ Goalie? Circle Y or N

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_