## TO REGISTER

Please: 1) Fill out registration form below and return.

2) Enclose a check for \$285, or for 2 from the same family \$550. or Venmo to Jim @ Jim-Armstrong-46

Send to: Jim Armstrong,

Strong Hockey Camp 1370 New Seabury Lane

Victor, NY 14564

QUESTIONS: Email Jim: jtarm19@gmail.com We suggest that you REGISTER EARLY as each group will have a maximum of 32 skaters and 4 goalies only.

As always, we will fill up. First come, first served.

For More Info: jtarm19@gmail.com

Please enroll my skater for The Strong Summer Hockey Camp. Please Check
Group 1, Ages 6-9 Group 2, Ages 10-13
Name of Skater
Address
DOB
Parent(s) Name
Goalie: Y N (circle one)
E-mail
Person to contact during camp days in case of emergency. (Include telephone number.)

Strong Hockey Jim Armstrong 1370 New Seabury Ln. Victor, NY 14564



Strong Scottsville Summer Hockey Camp

PRESORTED STANDARD J.S. POSTAGE **PAID** tochester, N.Y.

OUR 25TH VEAR



# 5TRONG HOCKEY 2024 SUMMER HOCKEY CAMP

**Skate Faster... Shoot Harder... Improve Your Game!** 

One Full Week:

# Scottsville Ice Arena: July 21<sup>st</sup> - 26<sup>th</sup>

5.5 HOURS DAILY
3 HOURS ON-ICE PER DAY
16 HOURS OF TOTAL ICE TIME
1+1/2 hrs. of POWER SKATING in a.m.
1+1/2 hrs. of PUCK SKILLS/TEAM PLAY in p.m.

FOR AGES: **6-9, Group 1 10-13, Group 2** 

- INSTRUCTORS THAT CARE
- GREAT VALUE... GREAT PRICE!
- SPECIAL GOALIE INSTRUCTOR

www.stronghockey.com

"Your skater will receive expert instruction in a fun environment. We care about your skater's skills development and strive to achieve improvement. We really enjoy working with kids!"

#### INSTRUCTED BY: JIM ARMSTRONG

**Strong Hockey Instructor** - Camps and Clinics on-going for 25 years.

High School Coach - Canandaigua

- Webster

25 years total

**College Coach** – Lake Superior State

RIT, National Champions

- Cortland State University

Playing Experience - U.S.A. National Team

- Clarkson University

#### **OUR INSTRUCTORS**

Our instructors have been with us for many years. Most importantly they care about the kids and have fun with them. All were excellent players, and are now are great role models for your skater!

Jim Armstrong, Theo Cup, Kyle McGrath, and Sam Crane.

Goalie Instructor: Mike Cimino – He is excellent!

During the afternoon session on friday, we will play a full-ice game. We encourage parents to attend this game.

# **OUR PLEDGE TO YOU:**

- Developing Skills Skate Faster...
   Shoot Harder... Improve Your Game!
- Learning and having FUN!
- Jim will be on-ice for all sessions.
- 1 on 1 Instruction our Camp will have
   4 Instructors on-ice at all times and 8 total.
- Goalie Instructor on-ice for each session.
- Off-ice activities each day include:
   Fun Outside Activities and Fun Movie at Lunch.

Total Cost of each Camp: \$285

Family rate for enrolling 2: \$550

Goalies \$235 - Full-time age 9 and above

This camp was exactly what Victoria needed. The coaches take time to explain and demonstrate the Is to the large group and then breaking into smaller groups to give individual feedback, was spot on for her development. I loved how the coaches

rotated, looking at the kids learning experience. You could see the respect that the kids had for the coaching staff by the way they listened and worked hard to follow your direction. More important at least to me, then the skills leaned was the kids and coaches really seemed to be having fun. Although the kids left with sore legs, (probably some of the coaches too) they were happier, more confident, and had a greater love for hockey than

the week before.

I want to congratulate you on not only coaching great hockey but also on improving the kids' self-esteem.

- Sincerely, Tim

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#### AGENDA IS AS FOLLOWS:

Our goalie instructor will be on-ice for each session.

# AGES 6 - 9 Group 1

## Sunday, July 21st

1:00 - 1:30 p.m. Registration, meet instructors

1:45 p.m. Meeting between parents and Jim Armstrong

2:00 - 3:00 p.m. 1st on-ice session

#### Monday-Friday, July 22<sup>nd</sup> - 26<sup>th</sup>

8:30 - 10:00 a.m. 1st on-ice session 10:10 - 11:00 a.m. Outside Fun

11:00 - 12:00 p.m. Fun lunch with movie 12:30 - 2:00 p.m. 2nd on-ice session 2:15 p.m. Done for the day

# AGES 10 - 13 Group 2 Sunday, July 21st

2:00 - 2:30 p.m. Registration, meet instructors

2:45 p.m. Meeting between parents and Jim Armstrong

3:00 - 4:00 p.m. 1st on-ice session

# Monday-Friday July 22<sup>nd</sup> - 26<sup>th</sup>

10:00 - 11:30 a.m. 1st on-ice session 11:40 - 12:30 p.m. Outside Fun

12:30 - 1:30 p.m. Fun lunch with movie 2:00 - 3:30 p.m. 2nd on-ice session Done for the day

www.stronghockey.com